

My **TOP** three favorite immune boosters!

That are not your typically recommended boosters.
You can take them together or pick one

Suggested usage



Ion

1 tsp a day as daily use.
2- 3 tsp if unwell.



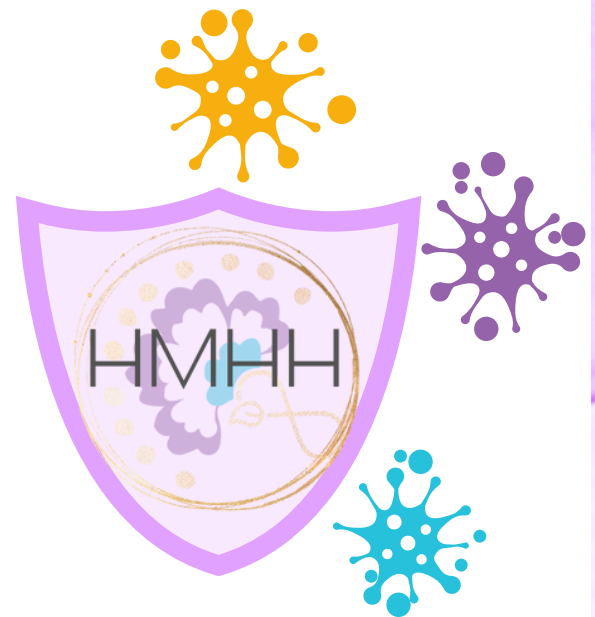
Hesperidin

500 mg a daily use.
Double if unwell.



Beta Glucan

2 capsules a day for daily use.
2 capsules 3 times a day if unwell.



You can order at

<https://us.fullscript.com/protocols/heathermeyerholistichealth-immune-system-support>